



Kirchheim.



Information for refugees

Welcome to Kirchheim bei München!



Welcome to Kirchheim!



*Playground in the Räterzentrum,
Heimstetten district*

Almost 14,000 people live in the municipality of Kirchheim in 3 districts: Kirchheim, Heimstetten and Hausen. The municipality is located to the east of Munich and has good public transport connections (S-Bahn, bus) to the city of Munich.



S-Bahn station Heimstetten

With this information, we want to help you find your way around your new surroundings more quickly. If there is anything you do not understand, do not hesitate to contact us.



Maypole celebration in Kirchheim

Who we are

We, that is the members of the refugee support network Helferkreis Asyl Kirchheim bei München e.V. and the integration officer of Kirchheim, Carina Steger. We work together on many topics to support you in the best possible way!

On the following pages you will find out how you can best reach us and what we can support you with.

Good to have you here!

We look forward to meeting you!



Sports ground of the SV Heimstetten

1 Our support services

Integration officer of the municipality

My name is Carina Steger. I work in the city hall for the topic of integration. I can support you with many topics, for example:

- Registration and Residents' Registration Office
- Documents you need from the city hall
- ID card for the food bank (cheap food)
- Jobcenter (SGBII benefits)
- Immigration office
- German courses
- Job search
- Apartment search
- All topics around schools, kindergartens & daycare centres
- Leisure: clubs, sports facilities, voluntary work, events, etc.
- Holiday programme for children & young people
- Finding the right counselling center
- Any other questions you have!



*Carina Steger,
Integrationsbeauftragte*



I also organize parties, discussion evenings, workshops and other events for you and all the other people in Kirchheim - often together with the refugee support network (Helferkreis Asyl). Feel free to contact me if you would like to participate or have an idea!

How to reach me

E-mail: carina.steger@kirchheim-heimstetten.de
Phone: 089/909095108
Mobile & WhatsApp: 0172/7086178
Website: www.kirchheim-heimstetten.de

You can make an **appointment** with me at any time.

You will find my office in the town hall (Münchner Str. 6) in room EG 02.



Joint action by the refugee support network and the integration officer

Helperkreis Asyl Kirchheim b. München e.V.

We are people from Kirchheim who have joined together as volunteers in an association for refugee support.

We are happy to support you in your everyday life and in your integration. We respect you and your privacy, as well as your culture, your personal circumstances and your religion

We can help you with the following:

- Supply of clothing, household items, etc.
- Provision of bicycles
- Homework supervision and tutoring
- Education and training, especially the acquisition of German language skills
- Integration into our community, e.g. through cultural and leisure activities, excursions, encounter festivals
- Sporting activities, e.g. swimming courses, fitness
- Accompaniment during visits to the authorities, even after recognition or rejection
- Contact with Amnesty International, the Refugee Council and other counselling centres
- Questions about health issues
- Procurement of internship, training and work places as well as work permits
- Questions about professional development



from left to right: Brigitte Hartmann, Jürgen Gnuschke and Gerlinde Reichart, Board members of the refugee support network



➤ You are welcome to contact us at any time.
The best way to reach us is to send an e-mail to:
info@helferkreis-asyl-kirchheim.de



Joint action by the refugee support network and the integration officer

2 Registration

Please register at the Residents' Registration Office of the Kirchheim municipality (Münchner Straße 1) within 2 weeks of moving in. Please bring your residence permit and your passport with you.



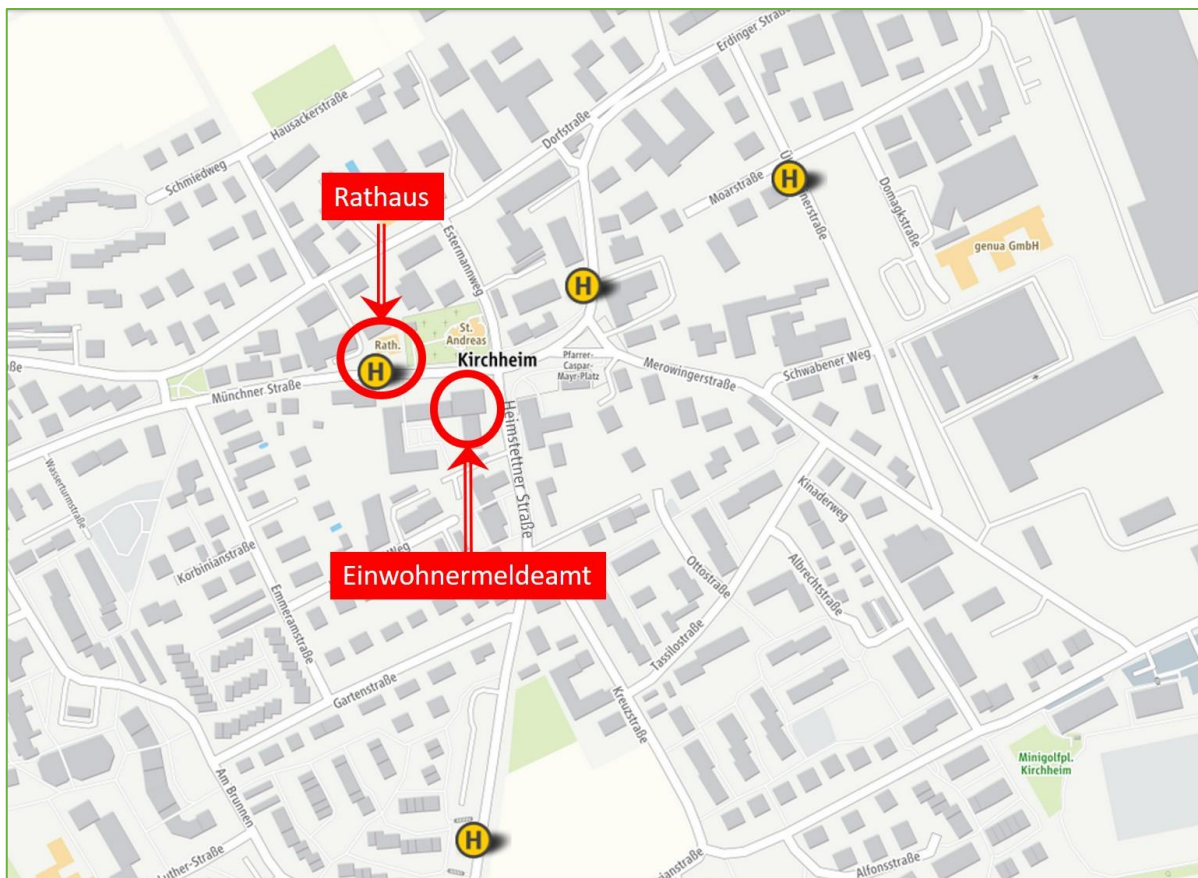
Opening hours town hall and residents' registration office

Monday:

8 a.m. – 12 &
2 p.m. – 6 p.m.

Tuesday till Friday:

8 a.m. – 12



Location town hall (Rathaus) and residents' registration office (Einwohnermeldeamt)

3 Important contacts

Asylum social counselling of the Inner Mission

If you receive letters that you do not understand, if you have problems with a flatmate, if there are disputes within the family, if you have to fill out forms and are stuck yourself, if you want to apply for benefits or have other problems with which you need support, please contact the asylum social counselling service of the Inner Mission:

➤ Innere Mission München
Frau Nadery-Cafa
Social service for refugees and asylum seekers
(Sozialdienst für Flüchtlinge und Asylsuchende)



Phone: 089 126991 5140
E-mail: lnadery@diakonie-muc-obb.de

Ms Nadery-Cafa is also on site in Kirchheim and offers consultation hours. You can get information about the local appointments from Ms Nadery-Cafa herself, the security, Ms Steger or your fellow residents.

Aliens Department

The Aliens' Registration Office of the Munich District Office is responsible for all matters relating to your asylum procedure, the issuing and extension of residence permits and passports and family reunification:

➤ Landratsamt München
Fachbereich 4.6.1 - Einreise und Aufenthalt
Ludmillastraße 26
81543 München



Phone: 089 / 6221-1400
E-mail: auslaenderbehoerde@lra-m.bayern.de

(Link and personal contacts: <https://www.landkreis-muenchen.de/buergerservice/dienstleistungen-a-z/dienstleistung/aufenthalstitel-fuer-nicht-eu-buerger-beantragen-und-verlaengern/>)

Jobcenter

The job centre of the Munich District Office (Landratsamt) is responsible for all matters relating to your unemployment benefit (SGBII benefits) and participation in qualification and training measures:

Landratsamt München
Referat 2.2 - Jobcenter Landkreis München
Mariahilfplatz 17
81541 München

Phone: 089 / 6221-4500
E-mail: jobcenter@lra-m.bayern.de



Landratsamt
München

(Link and personal contacts: <https://www.landkreis-muenchen.de/buergerservice/dienstleistungen-a-z/dienstleistung/leistungen-zur-eingliederung-in-arbeit/>)

Benefits under the Asylum Seekers' Benefits Act

The Munich District Office (Landratsamt) is responsible for your benefits under the AsylbLG (Asylbewerberleistungsgesetz) (cash benefits, food, clothing, support in case of illness):

Landratsamt München
Fachbereich 2.3.2 - Wohnen, Schulwegkosten und Asylleistungen
Mariahilfplatz 17
81541 München

Telefon: 089 / 6221-0
E-Mail: asyl-leistung@lra-m.bayern.de



Landratsamt
München

(Link and personal contacts: <https://www.landkreis-muenchen.de/buergerservice/dienstleistungen-a-z/dienstleistung/leistungen-nach-dem-asylbewerberleistungsgesetz-beantragen/>)

Integration coordination

If you would like to attend a secondary school, have a foreign educational or professional qualification recognized in Germany, need career guidance or would like to have employment without a work permit, please contact the Integration Coordination Office of the District Office (Landratsamt):

Landratsamt München
Sachgebiet 4.6.2.4 - Integration, externe Asylsozialberatung und Ehrenamt
Ludmillastraße 26
81543 München

Ms Graser
Phone: 089 / 6221-1889 oder 089 / 6221-1800
E-mail: GraserA@lra-m.bayern.de und
integrationskoordination@lra-m.bayern.de








Landratsamt
München

(Link: <https://www.landkreis-muenchen.de/buergerservice/dienstleistungen-a-z/dienstleistung/integrationskoordination-fuer-asylbewerbende-und-geduldete/>)

4 Banks, Post, Shopping & Buses

In Kirchheim and the surrounding area you can buy almost all goods for your daily needs.

- Banks:
-  Kreisparkasse München Starnberg Ebersberg, Ortsteil Kirchheim; Tel.: 089-23801-0
 -  VR Bank München-Land, Ortsteil Kirchheim; Tel.: 089-444565-4928
 -  VR Bank München-Land, Ortsteil Heimstetten, Tel.: 089-444565-4934
 -  Münchner Bank eG, Ortsteil Heimstetten, Tel.: 089-21286700
 -  Hypo-Vereinsbank, Ortsteil Heimstetten, Tel.: 089-9049910

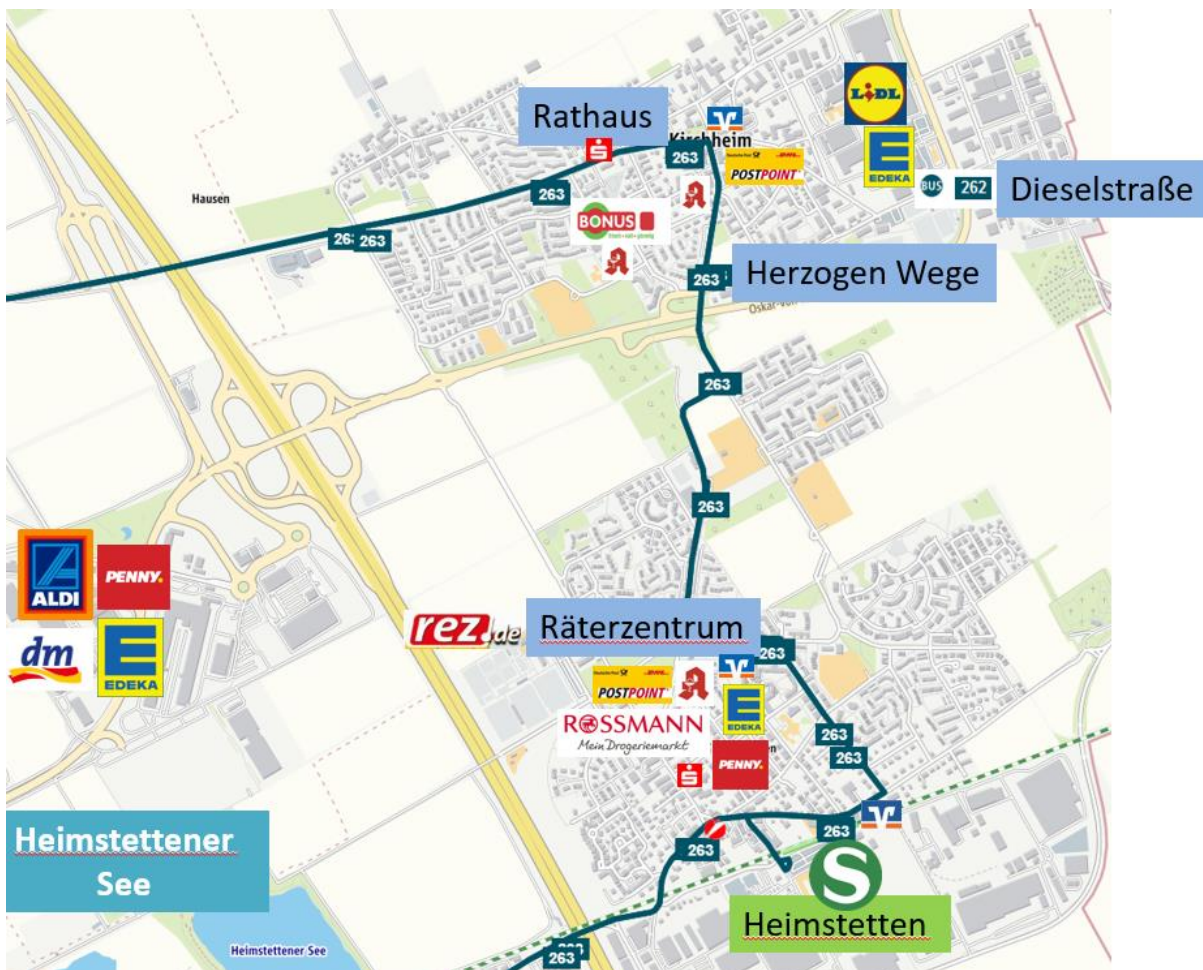
There are the supermarkets ALDI, Edeka, Lidl and Penny, the drugstores Rossmann and dm, bakers, butchers, clothing shops and much more. You will find most of the shops in the Rättereinkaufszentrum (REZ) in the Heimstetten district (bus no. 263, bus stop "Räterzentrum").



Bus number 263 runs through Kirchheim at 10-minute intervals all day (see map).

Bus number 262 runs every 20 minutes from Mon-Fri in the morning and evening only, for example from the "Dieselstraße" stop south of EDEKA (see map) via the "Heimstetten" S-Bahn station to "Messestadt Ost" (U-Bahn connection).

You also have connections to Poing and Markt Schwaben with bus number 463.



supermarkets, banks, pharmacies, post and bus number 263 as well as one stop of number 262

5 Tickets bus, S-Bahn etc.

All important information on travelling by public transport (bus, S-Bahn, U-Bahn, ...) can be found under: <https://www.mvv-muenchen.de/>

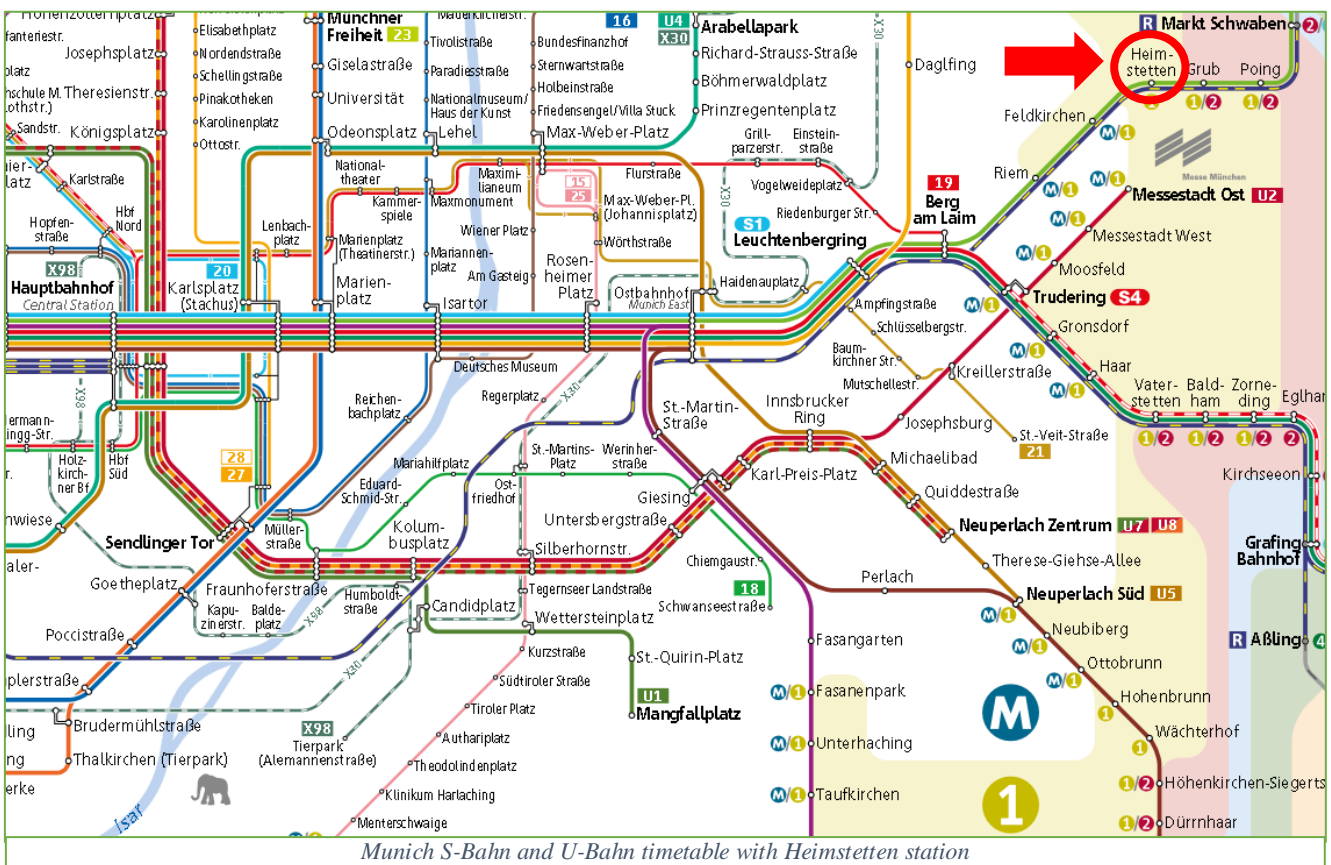


Kirchheim belongs to zone 1, so for journeys to Munich you have to buy a ticket for zones M-1.

Attention: Discounted monthly tickets are available together with the LandkreisPass. These are not valid between 06.00 and 09.00 in the morning! If you want to use local public transport in the morning before 9.00 a.m., you must also buy a single ticket or strip ticket.



For trainees, the 365-euro annual ticket is the cheapest option. You can find all the information you need at: <https://www.mvv-muenchen.de/tickets/zeitkarten-abos/365-euro-ticket/index.html>



Attention: If you are found without a valid ticket, you will pay a fine of 60 €!

You can find the entire plan at:

<https://www.mvv-muenchen.de/plaene-bahnhoeefe/plaene/index.html>

6 Bicycles

For short distances, a bicycle is a practical means of transport. If possible, the Helferkreis Asyl can provide you with a bicycle with a lock for 20€.

Please take care of your bike. If it is broken or stolen, please contact a helper. Repairs cost you 5€ plus 50% of the material costs.



7 Medical care

Visit to the doctor

There are many doctors in and around Kirchheim. You can find an overview of specialists (e.g. dentists, gynecologist, ophthalmologists, etc.) under the following link:

<https://www.kirchheim-heimstetten.de/kultur-tradition/medizinische-versorgung/>

General practitioners are for example:

Dr. Thomas Batze
Heimstettner Straße 4 b | 85551 Kirchheim b. München | Phone 089 9039047
Website: www.dr-thomas-batze.de

Dr. Thomas Heinik
Estermannweg 1 | 85551 Kirchheim b. München | Phone 089 9044818
Website: www.arztpraxis.biz/heinik

Dr. Markus Heyenbrock
Hauptstraße 20 a | 85551 Kirchheim b. München | Phone 089 9030775
Website: www.praxis-heyenbrock.de

Christoph Lampart und Dr. med. Carolin Kochs-Lampart
Am Gangsteig 5 | 85551 Kirchheim b. München | Phone 089 9037017
Website: www.praxis-lampart.de

Pediatrician

Dr. med. Franziskus Schuhböck
Am Gangsteig 23 | 85551 Kirchheim b. München | Phone 089 904 30 40
Website: www.kinderarzt-heimstetten.de

8 Leisure facilities

Jugendzenrum

For children and young people aged 6 to 27, the youth centre (Jugendzentrum) offers football, billiards, board games, darts, computer games and much more at different times and in different activities. There is a big screen for films, free Wi-Fi, parties, concerts and you can also make your own music. Just come by anytime without registration!

➤ Jugendzentrum Kirchheim
Hauptstraße 30a
85551 Kirchheim

Phone: 089/903 40 41
WhatsApp: 0151/422 183 52
E-mail: juzkirchheim@kjr-ml.de
Website: www.juz-kirchheim.de
Instagram: juz_kirchheim
Facebook: JUZ Kirchheim



➤ Opening hours:
Tue - Thu: 2 - 8 p.m.
Fri: 2 - 9 p.m.
Sat: 12 - 8 p.m.

Sport

There are 2 sports clubs in Kirchheim:

The Sportverein Heimstetten (SVH, <https://sv-heimstetten.com/>) and the Kirchheimer Sport Club (KSC, <https://kirchheimer-sc.de/>).



The clubs each have a very diverse range of activities, e.g. football, dancing, gymnastics, basketball, karate, tennis, handball, badminton and much more!

We will be happy to inform you at any time about the possibilities of doing sport within and outside the clubs!

Library

In the library (Gemeindebücherei) you can borrow books, magazines, DVDs and CDs at very reasonable prices or read them in the cosy reading café.

➤ Gemeindebücherei
Schlehenring 12
85551 Kirchheim

Phone: 089 9037005

E-mail: buecherei@kirchheim-heimstetten.de



➤ Opening hours:
Monday and Tuesday 3 – 6 p.m.
Wednesday and Thursday 9 a.m. – 12 and 4 – 7 p.m.
Saturday 2 – 5 p.m.



Recreation area Heimstettener See

Between the communities of Kirchheim, Aschheim and Feldkirchen lies the lake "Heimstettener See".



Caution: Danger to life!

In summer, the lake invites you to bathe and swim. Only go into the water if you can swim well! In many places, the shore goes steeply down into the water. This means danger to life for non-swimmers!



In winter, it is forbidden to walk on the ice. There is also a danger to life here!



For more information, please contact us!